

RIBBON LAVENDER SACHET

Jenny Haskins © 2004

This project little treasure is so easy to make and looks really gorgeous, perfect for school fetes, last minute gifts, can be hung on a Christmas tree, or just made for yourself to put in your linen press.

MATERIALS:

- Pfaff 2144 embroidery machine
- Software and transfer device
- Embroidery Design CD Twin Needle Shadow Work by Machine by Jenny Haskins' Designs
- 20in x 2 1/2in sheer ribbon with a satin edge for sachet
- 20in x 3/8in wide ribbon for tying
- Small flower or dried lavender for decoration
- Soluble Stabiliser
- Optional ribbon braid for decoration
- Helmar's basting spray
- Fabric marking pen or pencil and ruler
- Machine Feet: Open toe foot and embroidery foot
- Machine Needle: Microtex 80 needle
- Rayon 40 Embroidery threads in your colour choice
- Pre wound bobbin
- 1 Cup of lavender or potpourri or bath salts
- Construction thread for needle and bobbin
- General sewing requirement

PREPARATION

- 1.) Use the design software to transfer one of the small floral sprays or cluster of ribbon roses on the Twin Needle Shadow Work by Machine CD or use your software to combine several designs to create your own. Make sure if you are designing your own design that it is not too wide for the ribbon.
- 2.) Send the new design or one from the CD to the machine to be sewn out.
- 3.) Fold the ribbon in half length wise and mark with a pin, and then turn under a 2in hem on the cut ends on either end of the ribbon. Use the construction thread in the size 80 Microtex needle and bobbin and the open toe-foot to sew down.
- 4.) Use the ruler and fabric-marking pen to mark the front of the sachet with vertical and horizontal lines that intersect through the center of the ribbon.

EMBROIDERY

All embroidery uses soluble stabilizer, basting spray, embroidery foot, rayon embroidery thread in a Microtex -80 needle and a pre-wound bobbin.

- 5.) Place the soluble stabilizer in the hoop, spray lightly with the basting spray then center the ribbon in the hoop matching the marked lines on the ribbon with the marked lines on the hoop.
- 6.) Choose a basting stitch to hold ribbon to stabilizer, then embroider a silk ribbon or small flower design on the center of the ribbon.
- 7.) Remove ribbon from stabilizer by cutting stabilizer away from the back of the embroidery. You may choose to wash the stabilizer out, but not necessary for this small project.

CONSTRUCION

- 8.) Fold the embroidered ribbon in half lengthwise – wrong sides together and sewing from the right side of the ribbon. Use the open-toe foot and construction thread to sew close to the edge of the ribbon, starting at the bottom fold and finishing at the hem line of the folded ribbon at the top of the sachet.
- 9.) You may choose to do a decorative stitch down the sides of the ribbon or use a small ribbon braid if you choose.
- 10.) Place the lavender in a cup in the microwave for 1 minute to kill any eggs or bugs that may be in it, then place it inside the sachet filling it up to the hem line.

- 11.) Use the narrow ribbon to pull the ribbon in and tie securely with a bow that holds a sprig of dried lavender or small flower.
- 12.) You may also choose to fill it bath crystals and hand in the bathroom or potpourri and hang in your wardrobe on a coat hanger or place it in your linen press.

